



The UKWA Adopts the **RYA Code of Ethics for Instructors,** **Trainers and Coaches.**

Sports training and coaching helps the development of individuals through improving their performance.

This is achieved by:

- Identifying and meeting the needs of individuals
- Improving performance through a progressing programme of safe, guided practice, measured performance and/or competition
- Creating an environment in which individuals are motivated to maintain participation and improve performance.

Instructors, trainers and coaches should comply with the principles of good ethical practice listed below.

They should:

- If working with young people under the age of 18, have read and understood the child protection policy
- Respect the rights, dignity and worth every person and treat everyone equally within the context of the sport
- Place the well-being and safety of the student above the development of performance. They should follow all guidelines laid down by the sport's governing body and hold appropriate cover
- Develop an appropriate working relationship with students (especially children), based on mutual trust and respect and not exert undue influence to obtain personal benefit or reward
- Encourage and guide students to accept responsibility for their own behaviour and performance
- Hold relevant up to date and nationally recognised governing body qualifications
- Ensure that the activities they direct or advocate are appropriate for the age, maturity, experience and ability of the individual
- At the outset, clarify with students (and where appropriate their parents) exactly what is expected of them and what they are entitled to expect
- Co-operate fully with other specialists (e.g. other coaches, officials, sports scientists, doctors, physiotherapists) in the best interests of the performer
- Always promote the positive aspects of their sport (e.g. courtesy to other water users)
- Consistently display high standards of behaviour and appearance.