



## **SAILING INSTRUCTIONS**

v.6

### **2005 Formula Windsurfing Youth World Championship**

### **2005 Formula Windsurfing Junior and Masters Championships**

Christchurch, UK.

25th to 30th July 2005.

*An International Windsurfing Association sanctioned event*

#### **1 Rules**

- 1.1 The rules of the championships are defined in the Notice of Race (NoR), and these Sailing Instructions (SIs).
- 1.2 If there is a conflict between languages, the English text will prevail.

#### **2 Entry**

- 2.1 Eligible competitors may complete entry formalities at the championship office by complying with NoR 5 & 26.2.
- 2.2 On completion of the entry procedure, competitors may be issued with an identity tag. The tag shall be carried at all times until the end of the championship and final departure from the championship site.

#### **3 Format**

Course racing for the three fleets described in SI 4.1. Maximum of 4 races a day, except 3 for juniors. 3 races required for a valid championship. Maximum 15 races, but 12 for juniors.

#### **4 Fleet / division identification**

- 4.1 Racing will normally be run for three fleets as follows:  
Youths (men & women combined): FW on a white background  
Juniors (boys & girls combined): FW on a white background with a blue vertical stripe  
Seniors (Masters and Open divisions): FW on a white background with a yellow vertical stripe
- 4.2 If supplied by the race committee, some or all competitors will be required to carry a coloured ribbon whilst racing, tied to the batten retaining strap of the first batten above the boom.

#### **5 Time limits & target times**

- 5.1 The time limit for the first finisher in a course race is 40 minutes
- 5.2 The time limit for the first racer in each division to reach the first mark is 12 minutes.
- 5.3 A race will be abandoned if either of these time limits is exceeded, and even if completed will not count towards the official results.
- 5.4 Racers finishing more than 20 minutes after the first finisher in their respective division will be scored DNF except those who are scored DSQ, BFD, OCS, RAF, RDG, DGM or DNE.
- 5.5 The target elapsed time for a course race is 15-20 minutes for the winner.

#### **6 Equipment registration**

- 6.1 IFWC championship rule 6.2 is amended - fins may also be marked by the equipment inspectors.
- 6.2 IFWC championship rule 6.3 is amended - sails shall carry an event identification mark provided by the equipment inspectors.

#### **7 Sail numbers** (amends NoR 10.1)

National letters & sail numbers shall be clearly legible and shall comply with the national letter system set out in RRS 77 & Appendix G, as amended by Appendix B, except that national letters & sail numbers may be placed back to back if on an opaque white background.

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### 8 Advertising

Competitors may be required to display event sponsors' stickers on both sides of each registered sail, as illustrated on the official notice board. The IFWC is a category 'C' class as set out in ISAF Regulation 20 - Advertising code.

### 9 Notices to competitors

Notice to competitors will be posted on the official notice board (ONB), located outside the championship office. All such notices shall constitute official notice to each competitor who shall consult the ONB regularly.

### 10 Changes to the sailing instructions

Any change in the sailing instructions will be posted on the ONB, after approval by the race director and the class representative (amends NoR 4.1.4), at least 60 minutes before it takes effect. Any change to the schedule of races for the following day will be posted before 2000hrs.

### 11 Signals

#### 11.1 Signals made ashore:

11.1.1 Signals made ashore will be displayed on the official flagpole located near to the launching area.

11.1.2 The following signals will be used:

- Fleet flag (with one sound signal) means "This fleet to go afloat. The warning signal will be made as soon as possible, but not in less than 15 minutes."
- ICF AP (with two sound signals) means: "All races are postponed. AP flown over a fleet flag means that racing for that fleet is postponed. The warning signal for a fleet will be made not less than 15 minutes after its AP flag is lowered (with one sound signal)."
- ICF L (with one sound signal) means: "A notice to competitors has been posted."
- ICF Y (with one sound signal) means: "Competitors and racer support personnel shall wear their buoyancy vests. If personal buoyancy is prescribed every sailor shall wear above the waist a jacket or vest with a minimum buoyancy of 4kg in fresh water."

#### 11.2 Signals made afloat:

- ICF Y means the same as when flown ashore. If not being flown afloat, then each competitor supported by a support boat (other than juniors – SI 20.3) may place his/her buoyancy vest in his/her support boat or the racer support boat (SI 23.2), and racer support personnel may take off their buoyancy vests.
- ICF R means: "A rescue operation is in progress. Racer support boats shall assist."

### 12 Racing schedule

12.1 The racing schedule is as specified in the (amended) notice of race and any subsequent notices to competitors.

12.2 In suitable conditions, races will be run back to back.

12.2.1 The minimum interval between the closing of the finishing line and the new warning signal for that fleet will be 10 minutes.

12.2.2 A fleet will be sent ashore when it has sailed two races back to back. The last finisher in the second race will be allowed a rest period of a minimum of 20 minutes before the signal for that fleet to go afloat for a third race.

12.3 The warning signal for the last race of each day will not be made within 60 minutes of the local



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time of sunset.

- 12.4 Sailors' meetings will be held at 1000 and 1300 on Tuesday 26<sup>th</sup>, and 0930 on subsequent days.
- 12.5 Oral instructions given at sailors' meetings are invalid unless confirmed in writing on the ONB.

### **13 Racing area, Course area**

- 13.1 The racing area will be shown on the ONB.
- 13.2 COURSE AREA
  - 13.2.1 The course area is defined as an area extending 75 metres outside the area within which a competitor might normally sail during the race in progress.
  - 13.2.2 Access to the course area during a race is restricted to racers racing and official boats as defined in SI 24.

### **14 Courses & marks**

- 14.1 The course to be sailed will be illustrated and posted on the ONB at least 60 minutes before the warning signal.
- 14.2 The marks of the course will be large orange inflatable pillar buoys. The buoy at the pin-end of the start line will be a smaller orange pillar buoy. A finish mark will be a small inflatable buoy with a black cover.

### **15 The start**

- 15.1 Races will be started using RRS 26 System 1, except that the Z flag will not be used.
- 15.2 The interval between the starting signal of one fleet and the warning signal of the next fleet will be at the discretion of the race committee.

### **16 The starting line**

- 16.1 The starting line will be the line between the mast on the race committee boat flying an orange flag at the starboard end, and the course side of the pin-end buoy at the port-end.
- 16.2 A committee boat may be positioned on the extension of the starting line flying an orange flag. In the last minute before the start, boards shall not sail between the boat and the pin-end buoy.
- 16.3 A board shall not start later than 4 minutes after her starting signal.
- 16.4 When conditions are unfavourable, the starting line race committee boat(s) may hold position by using engines.

### **17 Recalls**

- 17.1 When an individual recall has been signalled, the sail numbers of the identified competitors will be posted on the race committee boat before the finish of the race.
- 17.2 When a general recall has been signalled, the succeeding start for the same and/or for a different fleet will be given according to the flags hoisted on the race committee boat (amends RRS 29.2).

### **18 The finishing line**

- 18.1 The finishing line will be described on the course diagram.
- 18.2 If a boat flying flags C and S is stationed near a mark or gate, the course is shortened so that the next leg is directly to the normal finishing line (amends RRS 32 and 33 and Race Signals). The boat will draw attention to this signal by making intermittent sound signals.



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#### **19 Protests**

- 19.1 Competitors taking a penalty shall complete the alternative penalty form in the championship office as soon as they come ashore but in any case by the end of protest time.
- 19.2 Competitors retiring from a race shall make a retirement declaration at the championship office as soon as they come ashore but in any case by the end of protest time.
- 19.3 "Protest time" for each fleet will end 45 minutes after the last racer has finished the last race of the day for that fleet. Protest time limits will be posted on the ONB.
- 19.4 Notices informing the parties to the protest of the intended order and of the approximate time of the hearings will be posted on the ONB as soon as possible after the protest has been lodged, but not later than 30 minutes after protest time. It is intended that protests will be heard in the approximate order of receipt and parties are asked to remain near the jury room to expedite hearings.
- 19.5 The qualified authority for decisions on measurement protests - RRS 64.3(b) - is ISAF.
- 19.6 Competitors wishing to clarify a scoring enquiry shall initially do so by completing a scoring enquiry form and by lodging it at the championship office. Only if the response given by the race committee is unsatisfactory in the opinion of the competitor should he/she request redress.
- 19.7 Requests to open a hearing under RRS 66 will not be accepted later than 15 minutes after the end of the last protest hearing on the day of the last scheduled race. Any request for redress lodged after jury hearings are completed for the championships will not affect the prize giving ceremony (amends RRS 66).
- 19.8 Infringements of SIs 6 (Equipment registration), 20 (Tally system), 22 (Electronic equipment), and 25 (Medical regulations) shall not be grounds for protest from one racer to another, but may result in action by the jury and/or race committee (amends RRS 60).
- 19.9 RRS 69 also applies to any team member or official (amends RRS 69).

#### **20 Safety regulations**

20.1 GENERAL. The safety of the sailboard and its entire management, including insurance, shall be the sole responsibility of the competitor racing the sailboard, who must ensure that the sailboard is adequate to face the conditions that may arise in the course of the race. Neither the establishment of these SIs nor the inspection of the board under these conditions in any way limits or reduces the absolute responsibility of the competitor for his/her board and the entire management thereof.

The race organisers, the race committee and the jury will not be responsible for any loss, damage, death or personal injury however caused to the competitor as a result of their taking part in the race or races.

20.2 Tally system

20.2.1 Operation

- a) A tally board will be located near the championship office. A tally will be allocated to each competitor at registration, and must be worn at all times when afloat.
- b) To confirm that they have returned to shore, competitors shall return their tallies as soon as possible, but in any case within 30 minutes of the finishing time of the last competitor in each race (or pair of back-to-back races). The race committee may extend the time limit if there is good reason to do so.
- c) If the tally is left ashore, and the competitor has insufficient time to collect it in time for a



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back-to-back race, then in order to avoid disqualification from further races the competitor must inform

- an official boat at the first opportunity and
  - the committee boat on finishing and
  - the championship office on coming ashore.
- d) If the tally is lost while afloat, then in order to avoid disqualification the competitor must follow the procedure in paragraph c) above.

#### **20.2.2 Penalties for infringement of safety procedures**

The penalty for any infringement of SI 20.2.1 is disqualification from the races concerned, even if the competitor retired. However, when races have been sailed back-to-back, failure to return a tally will only result in disqualification from the last of these races; and following the requirements of SI 20.2.1 (c) or (d) will only result in disqualification from the first of these races.

Repeated infringements may incur the penalty that a disqualification cannot be used as discard in determining the overall result of the event or series.

Penalties under this SI may be imposed without a hearing, and RRS 63.1 is amended accordingly. Competitors may however ask for a hearing by lodging a request for redress.

20.3 All competitors aged 16 years or younger shall wear personal buoyancy.

## **21 Scoring**

- 21.1 Scoring will be in accordance with RRS Appendix A as amended by Appendix B, and using the "Low Points Scoring System".
- 21.2 In the Senior fleet, competitors will score points equal to their finishing place in their division in that race, and official results will be published for each division.
- 21.3 RRS Appendix A is further altered in that racers without a finishing place, including a racer that finished and thereafter retires or is disqualified, will be scored points for the place one more than the number of racers entered in that division (if applicable) or fleet (if no divisions in that fleet).

## **22 Electronic equipment, compasses & communication**

Electronic equipment and compasses are prohibited, with the exception of devices whose sole capability is timing.

## **23 Racer support**

- 23.1 Caddies are not permitted. When changing rigs, a racer shall return to the beach from which he/she launched to obtain the new rig.
- 23.2 A racer support boat may be anchored approximately 75 metres below the race committee boat for competitors to place their life jackets, bags and water. No responsibility can be accepted for personal belongings not collected before going ashore. This boat will fly ICF F.
- 23.3 Racer support boats:
- 23.3.1 Coaches and other support personnel may use support boats to assist their competitors on the water. They shall register at the championship office prior to the first scheduled race, providing details of their boats and distinctive identification.
  - 23.3.2 Except as provided by SI 23.3.3 below, all teams' support boats while afloat shall conspicuously display the national flag of their country of origin (600 x 400mm minimum) and/or the national 3 letter code (minimum height 120mm) in black on a white background.



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- 23.3.3 When a support boat is supporting competitors from more than one nation and is registered as such, they shall be required to display only one national flag or national 3-letter code.
- 23.3.4 Before the preparatory signal of any fleet, support boats shall have left the course area (SI 13.2.1). They shall remain outside the area, except to assist a racer in distress, until after the finish of the last competitor of the final fleet racing.
- 23.3.5 In the event of a postponement or abandonment for all fleets on the water, but not a general recall, support boats may re-enter the course area.
- 23.3.6 If a support boat fails to comply with any part of SI 23.3 the registration will be withdrawn and the support boat not permitted within the race area.

## **24 Official boats**

- 24.1 All race committee boats will fly an orange flag.
- 24.2 A mark boat may be stationed beyond each mark. Failure of a mark boat to be on station or to display her signal shall not be grounds for redress.
- 24.3 Other official boats include rescue boats, which will normally fly Sola flags except when engaged in recovering equipment

## **25 Medical regulations**

- 25.1 The use of banned substances and methods is prohibited in accordance with ISAF Regulation 21 - Anti Doping Code - and the Medical Rules and Regulations of the WADA. Random tests may be conducted at any time.
- 25.2 After a race, each competitor selected for a doping check will be handed a testing notification by a representative of the organising authority. This representative must observe the competitor at all times and accompany him/her to the visiting room of the dope control station with his/her card but no later than one hour after receipt of the notification. A competitor failing to report to the dope control station within the time limit will be subject to an RRS 69 hearing.

## **26 Prizes and titles**

Prizes and titles will be awarded according to NOR 19.

## **27 Official functions**

Racers shall attend the opening ceremony and prize giving ceremony.

## **28 Officials**

- 28.1 The jury members include:
- Eric Kling (NJ - NED)      Jerry Solven (GBR)
- 28.2 The event measurer and class representative is Ceri Williams (GBR)
- 28.3 The race director is Jay Williamson (NRO - GBR)
- 28.4 Other race committee members include (GBR unless stated):
- Mike Dempsey      Beachmaster
  - Jan Solven      Assistant race officer
  - Sue Deverell      Timekeeper

