



**Notice of Selection**  
**RYA Multi class junior girls' training- October 21 & 22 2006**  
**Weymouth & Portland National Sailing Academy**

**Introduction**

While there has been a substantial increase in the participation and quality of girls in RYA Junior Squads over recent years, the RYA is committed increasing the number of girls who compete regularly at the top of our Junior, Youth and Olympic classes.

The RYA is investing in a weekend of multi-class training which if successful, and resource permitting, will evolve into a comprehensive programme for the future in order to create a lasting mental shift towards performance equality.

Following the success of the girl's weekends run by some of the classes, the RYA is hosting the first invitational girls training for all of the pathway recognized junior classes on the 21<sup>st</sup> & 22<sup>nd</sup> October 2006 at Weymouth & Portland National Sailing Academy.

This will add to the excellent work done in-class by taking in the cross-class dimension. The weekend will focus both on sailing and social skills to help the girls compete successfully in our sport, now and in future years.

The RYA is keenly aware of the importance of parental influence when it comes to helping children cope with the competitive environment. There will be 'Parent's session' led by the Head Coach Cathy Foster on Saturday morning after the girls go afloat, where the content of the day will be explained, experiences shared and discussion welcomed. Parents are also welcome to 'listen in' to the Forum of top women sailors to be held early on Saturday evening.

The training will commence Saturday morning at 0930 and cease at 1630 on Sunday and will be a residential camp with all food, and accommodation organised by the RYA.

The following classes/numbers of boats/boards will be selected to receive the training:

- |                     |                      |
|---------------------|----------------------|
| • Topper-           | 12 boats             |
| • Optimist-         | 12 boats             |
| • Laser 4.7-        | 6 boats              |
| • Mirror-           | 6 boats (12 sailors) |
| • Cadet-            | 6 boats (12 sailors) |
| • BIC Techno 293OD- | 12 boards            |

Places to attend the training will be offered both on the basis of results at class or RYA events (see detail below) and also at the discretion of the selection committee, to boat's/boards who in their opinion have demonstrated the most potential to win medals for RYA Team GBR at international competitions in the subsequent years.

When selecting the sailors to receive discretionary places the selection committee will take the following factors into account:

- Performance in the Indicator series
- Age and potential
- Factors affecting results
- Attitude and behaviour throughout the series and during previous training

- Class ranking list
- Performance in other events and classes
- Goals and aspirations
- Height and weight
- Other factors the selection committee considers appropriate.

The selection committee will be made up of the following people (or their appointed representatives):

- RYA Junior Racing Manager - Duncan Truswell (selection committee Chairman)
- RYA Class National Junior Squad Coach (for the relevant class)
- RYA Girls training weekend Head Coach - Cathy Foster

### **Selection process**

The following denotes how places will be allocated on a class by class basis.

For two-person classes places will be offered to the top female helms. In the event that the helms normally sail with males they will be advised to find a temporary female crew for the weekend, or team up with another female helm. No male sailors will be present at the camp.

<b>Class</b>	<b>No. of available Places boats/boards</b>	<b>Places allocated on the basis of Results</b>	<b>Places allocated on Discretionary basis</b>
Topper	12	8	4
Optimist	12	8	4
Laser 4.7	6	4	2
Mirror	6	4	2
Cadet	6	4	2
BIC Techno 293OD	12	3 (6.8m) 3 (7.8m)	6

### **Eligibility**

In order to be eligible for the girls' training, sailors shall normally be aged under 15 years on the 31<sup>st</sup> of December 2006.

In addition selected sailors must be resident in Great Britain, hold or be eligible to hold a British passport, and eligible to represent Great Britain in the ISAF Youth World Sailing Championships.

### **Indicator Events**

The indicator series' for the RYA invitational training girls' weekend will be as follows:

- ❑ **Optimist Class- The IOCA(UK) Rankings (after the Nationals 2006) which will include:**
  - 2005 End of Seasons
  - 2006 Inland Championships, Grafham Water SC
  - 2006 IOCA(UK) National Championships, Pwllheli
- ❑ **Laser 4.7 Class- The Laser 4.7 GP events at:**
  - Royal Victoria Yacht Club, Isle of Wight- June 24 & 25 2006
  - Draycote Water Sailing Club- September 9 & 10 2006

### **Topper Class- The 2006-7 RYA National Junior Squad indicator rankings (excluding nationwide 4 & 5)**

- Topper Nationwide 2- SCYC, Abersoch
- ITCA(GBR) National Championship 2006, WPN SA

- **Mirror Class-**
  - The 2006 Mirror Class National Championships, Poole YC
- **Cadet Class- the national junior squad indicator series (which consist of):**
  - Cadet Indicator 2, 29<sup>th</sup> & 30<sup>th</sup> April 2006- Parkstone YC, Poole.
  - Cadet Indicator 3, 27<sup>th</sup> & 28<sup>th</sup> May 2006- Draycott Water Sailing Club.
  - Cadet National Championships 2006, 19<sup>th</sup>-25<sup>th</sup> August 2006-Weymouth & Portland National Sailing Academy.
- **BIC Techno 293OD**
  - RYA Windsurfing Youth & Masters 2006, 2<sup>nd</sup> & 3<sup>rd</sup> September 2006-Weymouth & Portland National Sailing Academy.

### **Scoring**

Unless the event sailing instructions say otherwise (for a single event selection process), the ranking system will be compiled by adding together the individual race scores from each indicator event. The following discard system will be used to allow for sailor inconsistency and varying conditions.

There will be a maximum of 25 races:

21 – 25 races	5 discards
16 – 20 races	4 discards
11 – 15 races	3 discards
6 – 10 races	2 discards
4 - 6 races	1 discards
3 races or less	0 discards

The competitor with the lowest points will be the winner of the Indicator series.

### **Registration, Entry Fees and Measurement**

Sailors who are to be invited will be notified by post (and sailors names published on the RYA web-site) on completion of their final indicator event.

There will be no additional entry fee for the RYA Girls Training indicator Series.

All boats/boards must conform to the Class Association rules and measurements.

Further details of the RYA selection policy is published on the website.

There will be no appeals against the published selection criteria or the actions of the selectors, provided they follow the selection criteria. By entering/registering for any of the indicator series' for the RYA girls training weekend the competitors agree to this condition.

The fee for the girls' weekend October 20/21 is £60.00 and includes all food commencing lunchtime Saturday and ceasing lunchtime on Sunday. Saturday night accommodation will also be provided in the Youth Hostel and Boscawen House; further details will be available after selection is complete.

### **Status**

The Royal Yachting Association (RYA)'s policies and procedures are subject to change from time to time, including variations required to comply with Sports Councils' directions on the investment of National Lottery funds.

The RYA reserves the right to amend, supplement and/or discontinue at its absolute discretion, for whatever reason, any or all of its policies and procedures.

**Version 1: July 2006**