

# Course Racing Safety Information

## 2026

Sailors must ensure that they have read and understand the full safety rules in the NoR and SI's before an event.

All competitors shall carry at all times a SOLAS approved whistle.

- *These can be purchased from the UKWA Race Office*

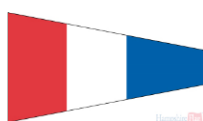
All junior sailors who will be aged 17 or under on 31<sup>st</sup> December 2026 shall wear a personal flotation device appropriate to class rules at all times when afloat except briefly when changing or adjusting clothing or personal equipment. Excluding windfoils & wingfoils.

If the Y flag is flying, all competitors shall wear a personal flotation device appropriate to class rules at all times when afloat except briefly when changing or adjusting clothing or personal equipment. A personal flotation device may include an impact vest with a minimum of 50 Newtons.

If conditions dictate, the organisers may require all competitors to wear personal floatation devices and/or wet or dry suits.



**Y**  
Buoyancy aid



**Numeral 3**  
Wetsuit

### WINDFOIL and WINGS Sailors Only

All windfoil & Wing Foil crew shall wear an impact vest which may also act as personal flotation device with a minimum of 50 Newtons at all times whilst afloat.

Sailors who enter on a Windfoil and Wing Foil shall wear a helmet at all times. A helmet shall be a minimum standard EN1385, EN1077, EN966, ASTM 2040, Snell S98 or equivalent with a brightly coloured region of at least 300 square centimetres of the exterior surface that can be seen from above the water with crew lying face down or face up.

- *If sailors have a dark coloured helmet, they can add brightly coloured stickers / tape to meet The requirements.*



### WING Sailors Only

A detachable wing-leash shall be used and worn as intended at all times when afloat, except briefly while changing or adjusting clothing or personal equipment.



Class	Whistle (Solas approved)	Helmet (detailed in class rules)	Impact Vest (detailed in class rules)	Wing Leash
Techno	✓			
Raceboard	✓			
Wing Foil	✓	✓	✓	✓
Wind Foil	✓	✓	✓	